



**American
Red Cross**

Greater Hanover Chapter

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www.hanoverredcross.org

2009 Learn-to-Swim Program

The Greater Hanover Chapter is offering the newly updated and revised American Red Cross Swimming and Water Safety Program for 2009. A summer tradition for more than 60 years, the Hanover Red Cross Water Safety Program has taught generations of children in our community how to be safe in and around water. Affordable training that combines the best in swim instruction with an even stronger emphasis on drowning prevention and water safety is ideal for anyone who wants to enjoy the water safely.

The revised Learn-to-Swim Program highlights include:



- ◆ An increased emphasis on water safety and drowning prevention as the basis of swimming and water recreation;
- ◆ New placement and distribution of the skills throughout the Learn-to-Swim levels to help reduce bottlenecks and optimize skill acquisition;
- ◆ New up-to-date diving techniques;
- ◆ The most current teaching methods of swimming strokes; and
- ◆ Six levels of swimming.

Preschool Aquatics Program includes:



- ◆ Three (3) swim levels specifically designed for the developmental needs of pre-school aged children;
- ◆ Course is designed for children about ages 4 -5 years old ;
- ◆ Skills are age appropriate to help children achieve success and comfort in and around the water;
- ◆ A positive learning experience in the water that encourages greater independence; and
- ◆ Personal safety and safe practices in and around the water.

Course instruction is group based and is conducted by Water Safety Instructors in conjunction with volunteer Water Safety Aides - all certified and trained through the American Red Cross. Together, they work closely with your child to demonstrate and practice swimming skills, refinement of strokes, and basic water safety.



American Red Cross Learn-to-Swim courses are designed to help keep parents involved in the learning process. Two booklets for

participants in Levels 1-2 and Levels 3-4 reinforce skills learned in class.



Every Monday at the pool, parents will receive a newsletter including information on safety, tips on reinforcing skills learned, and the Water Safety Instructor and Aide who are responsible for teaching your child.



TURN OVER FOR MORE INFORMATION

The following information outlines the 2009 Learn-to-Swim Program. Information regarding each skill level is available in the enclosed brochure or online at www.hanoverredcross.org.

When: Classes are held the week of June 29 through the week of August 3 (6 weeks).

Ages: Preschool Aquatics: Children around ages 4 – 5 years old; 3 year olds are accepted at the discretion of the Health & Safety Director.

Learn-to-Swim: Children must be at least 5 years old and not older than 13 to enter Level 1. Once Level 1 is completed, there are no age restrictions. First time students are automatically enrolled into Level 1. Once evaluated, students can be assigned to a higher level of capability if necessary.

Adult Lessons: For ages 16 and above.

Pool Location: Neiderer's Community Pool, [175 N. Second Street, McSherrystown, PA.](#)

Class Time: Each class is 50 minutes in duration for five consecutive days -- Monday through Friday. Choice of class start time is: 9:00 a.m., 10:00 a.m. or 11:00 a.m. In order to maximize the instruction time, lessons begin on time. Please have your child(ren) at the pool, and ready to swim, no less than 5 minutes prior to lesson time.

Cost: We work hard to provide quality water instruction at a reasonable price. \$25 per student/per week, maximum \$100 per family/per week. Payment is due at time of registration in the form of cash, check, or credit card. Checks should be made payable to: Greater Hanover Red Cross.

Scholarships: We strongly believe that every child should have the opportunity to learn how to be safe in and around the water. Financial assistance is available to families that demonstrate a need. For more information, please contact Brent Toomey, in confidence, at 717-637-3768, ext. 206 or by email at toomeyb@hanoverredcross.org

To Register: Registration is held at the Greater Hanover Red Cross, 529 Carlisle Street. Anyone can register your child; however, a parent or legal guardian MUST SIGN the registration form. Additional registration forms are available at www.hanoverredcross.org. Registration will be conducted on the following days:

- June 1 through June 5 9:30 a.m. – 5:30 p.m.
- After June 5, Monday - Friday 8:30 a.m. - 4:30 p.m. and
- At Neiderer's Pool on Fridays 9:00 a.m. - noon

To assure that each family has an equal chance at their first choice of a preferred week, you may only register your child(ren) for one week at a time. Following your child's week of instruction, students may re-register for the next level of instruction or additional instruction at the same level. Beginning July 3, for your convenience, Red Cross personnel will be available each Friday at the pool, to complete the registration process. You may also re-register at the Red Cross during regular business hours, Monday - Friday, 8:30 a.m. - 4:30 p.m.

For more information or questions, please call the Greater Hanover Red Cross at 717-637-3768, or e-mail at toomeyb@hanoverredcross.org